

2019



BANTEAY SREI

retrospective



Eco-friendly Sewing w/  
Anisa Ali from FWU



Sista-Building in Nature  
feat. Jasmin



S.A.M.C.E w/ Co-founder  
Elizabeth Gy

## Learning to See our Problems as a Teaching

BY HAMIDA YUSUFZAI, PROGRAM MANAGER

Banteay Srei has always been innovative. We've come far since 2019, and the last 12 months have tested us in such a big way. Our programs are now online, but we still manage to build sisterhood and create meaningful connections. How? Well, we pay attention. What do young women need right now? What will they need in 5 years' time? Life skills, rituals, spirituality, resilience ... Our interns this year have been incredible. Our participants — open minded, fun and intelligent. Some of our key achievements were simply, staying alive. But we're not content with just surviving, we want to thrive.

Here's a quick throwback to our accomplishments in 2019:

- Provided case management services and received more than a dozen new referrals
- Welcomed 11 amazing new interns and 4 Bong Srei to the Sisterhood
- Trained over 400 professionals and youth on CSEC and human trafficking
- Georgia Law Review published our staff findings and best practice, *Medical-Legal Collaboration and Community Partnerships*

2019



# WORKSHOPS *and* DELIGHTS



*Oh My Goddess!*

Last summer, Youth Consultant **Kimmie Tran** led **Oh My Goddess!**, an 8-week, intergenerational workshop series that connected young women to SEA culture, their spirituality, and their inner super hero by retelling the stories of forgotten SEA Goddesses. Each session began by sharing a meal, followed by the introduction of a new Goddess — a few being Nyai Roro Kidul, Thonbanhla, and Hai Ba Trung — reflection and discussion, a creative activity, and concluded with meditation.

"Many young SEA women face a lot of adversity early on in their lives. So it was important to me for the youth to see women figures who look like them and share similar identities as them in positions of leadership."

- Kimmie Tran

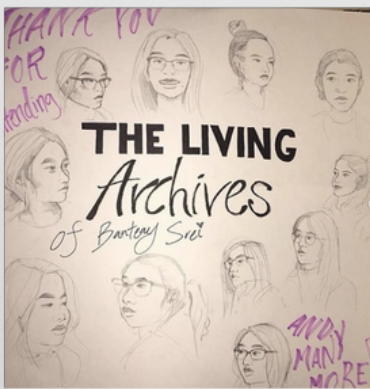
"Sewing is a way for me to express myself, so I wanted to create a space for other young girls to practice it as a form of self-healing."

- Jacklin Ha

**Let's Talk About Family Violence** was a 3-part workshop series led by Youth Consultant Jacklin Ha. The series kicked off with **Break the Silence about Family Violence**, where Jacklin unpacked the issue of family violence, specifically within immigrant and refugee families — its roots, manifestations, and how it is passed on intergenerationally. The following two sessions then focused on healing from trauma. During **Feeling Fierce Through Fabrics**, participants practiced *self-healing* through the art of sewing. Lastly, **To Cook is to Heal: Family Style** allowed participants to practice *family healing* while enjoying Vietnamese spring rolls. Cooking and sharing meals together are forms of family bonding in many SEA cultures.



*Let's Talk about Family Violence*



*The Living Archives*

The Living Archives was an intergenerational, multi-media celebration of the young women and girls at Banteay Srei. Our women exhibited their original art at the Oakland Library, highlighting their stories, voices, and identities. It was a wonderful night of books, zines, poetry, live art, and podcasts.

In December, the Bong Srei & Srei went on a retreat to Lake Tahoe. Aside from some bumps in the road, the fresh snow created the perfect setting for the youth to enjoy one another's company and explore their relationship with nature, free of societal restraints and pressures.



*Winter Retreat '19*



# THE SISTAHOOD



**Hamida Yusufzai**  
Program Manager



**Krystal Win**  
Community Health Specialist



**Bernie Lim**  
Healer in Residence



**Monika Sok**  
Poet in Residence



**Lillian Man**  
Youth Researcher



**Lea Akima**  
Summer Youth Leader



**Kimmie Tran**  
Summer Youth Consultant



**Jacklin Ha**  
Youth Consultant



**Riss Myung**  
MOVE Fellow



**Kathy Liang**  
Bong Srei,  
Artist in Residence



**Jasmin Qiu**  
Bong Srei

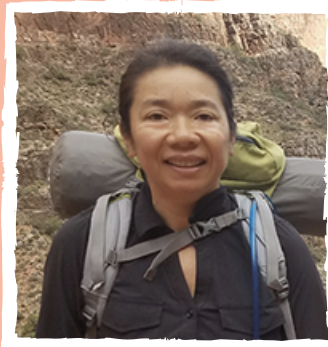


**Queenie Tu**  
Bong Srei



**Elizabeth Dang**  
Bong Srei

## DONOR SPOTLIGHT *Pam Couvignou*



*Pam Couvignou is the founder of Couvignou Creative, a boutique graphic & website design company that specializes in small business branding and non-profit development. Since 2017, Pam has been graciously volunteering her skills towards developing and updating our website, and we are extremely thankful for her support! Read more about our superstar donor:*

Born in Taiwan, Pam came to the US when she was 2 years old and grew up in Southern California. She studied Visual Arts & Art History at UC San Diego, and later received her Masters in Arts Management from Carnegie Mellon University in Pittsburgh.

Currently, Pam resides in San Diego with her husband of over 20 years and is the mother of two grown boys. Every morning, she wakes up with a list of creative projects to fill her day.

Pam has been the principal of Couvignou Creative for over 10 years. Prior to that, Pam worked as a gallery manager in Paris, a curator, and as an Associate Executive Director for the Cystic Fibrosis Foundation. In addition to her design business, she is also working as a children's author and illustrator.

# Banteay Srei ARTISTS' CORNER



**The Aspara Goddess**  
*Emily Ngo*

**Our Future and Our Hope**  
*Kathy Liang*



**Banteay Srei**  
310 8th St. Suite #102  
Oakland, CA 94607

**Email:** [info@banteaysrei.org](mailto:info@banteaysrei.org)  
**Website:** [www.banteaysrei.org](http://www.banteaysrei.org)  
**Instagram:** @BanteaySrei.510  
**Twitter/FB:** @BanteaySrei510

## Help us continue our programming!

We invite you to support our vision of creating a generation of fierce, independent and self-empowered young Southeast Asian women. Make a donation, volunteer some time with us, connect us to other foundations — every source of support impacts the lives of the women we work with. Without your support, Banteay Srei would not be able to do the work that we do.

**You can make a tax-deductible donation securely online ([banteaysrei.org/support/](http://banteaysrei.org/support/)) or by mail with check payable to Banteay Srei. (You can also opt to Venmo. Please contact us for our handle.)**



## Southeast Asian-inspired Dia de los Muertos Altar

*Elizabeth Dang, Krystal Win, Kathy Liang, Riss, Myung, Pei Yi Tam Peng, Jacklin Ha (left to right)*



## Woke WOC Docs |

S2E6: Serving Youth of Color with Love for Liberation  
Featuring Hamida Yusufzai  
<https://soundcloud.com/wokewocdocs/hamida-yusufzai>